



Lowering the Bar: 5 Places to Drink For Cheap (or Free) This Week

3. **Vino and Vinyasa at W Hotel:** Yoga and wine are both calming and relaxing, but cheapskates can usually only afford the latter. Luckily, the W Hotel and Lululemon are teaming up to teach yoga to complete strangers, fete them with **free Long Meadow Ranch wine**, and let them take a dip in the hotel pool to boot. While the wine is one-time-only, the classes will continue for free every Wednesday at 6:30. Maybe we can afford yoga after all. RSVP [here](#). (Thursday, July 8, 6:30-8:30 pm, at W Hotel Terrace (4th Floor), SOMA.)